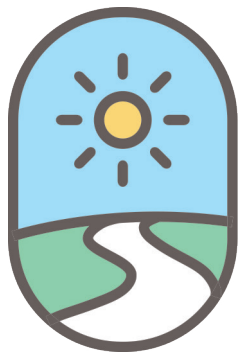


# Quentin Road Kid's Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	Grilled Cheese Sandwich Chicken Noodle Soup Peas Bananas Milk or Water	Fried Rice Chicken Broccoli Pineapple Milk or Water	Baked Chicken Nuggets Cucumbers Whole Grain Buttered Rotini Strawberries Milk or Water	Beef Tacos Corn Rice Peaches Milk or Water	Tortellini Meatballs Carrots Mixed Fruit Milk or Water
<b>Week 2</b>	Cheeseburgers Green Beans Pickles Strawberries Milk or Water	Homemade Cheese Pizza Chicken Tenders Cucumbers Orange Slices Milk or Water	Meatballs Bread with Butter Carrots Bananas Milk or Water	Sloppy Joes Broccoli Chips cooked in Avocado Oil Applesauce Milk or Water	Salami & Cheese Sandwiches Cream of Chicken Soup Peas Mandarin Oranges Milk or Water
<b>Week 3</b>	Baked Chicken Nuggets Corn Pita Mixed Fruit Milk or Water	Grilled Cheese Sandwich Chicken Noodle Soup Carrots Pineapple Milk or Water	Waffles Chicken Bites Cucumbers Applesauce Milk or Water	Spaghetti & Meatballs Broccoli Bread with Butter Mixed Fruit Milk or Water	Chicken Tenders Macaroni & Cheese Peas Strawberries Milk or Water
<b>Week 4</b>	Whole Grain Pancakes Scrambled Eggs Tator Tots — Baked Bananas Milk or Water	Pasta & Alfredo Sauce Grilled Chicken Broccoli Pears Milk or Water	Chicken Quesadillas Corn Rice Peaches Milk or Water	Chicken Tenders Carrots Chips cooked in Avocado Oil Strawberries Milk or Water	Meatloaf Green Beans Cornbread Raspberries Milk or Water
<b>Week 5</b>	Beef Tacos Corn Rice Pears Milk or Water	Tortellini Meatballs Cucumbers Orange Slices Milk or Water	Grilled Chicken Green Beans Rotini with Cheese Pineapple Milk or Water	Cheeseburgers Carrots Pickles Applesauce Milk or Water	Fried Rice Chicken Broccoli Bananas Milk or Water
<b>Week 6</b>	Waffles Chicken Bites Cucumbers Fruit Cup Milk or Water	Sloppy Joes Chips cooked in Avocado Oil Peas Bananas Milk or Water	Baked Chicken Nuggets Broccoli Pita Strawberries Milk or Water	Meatloaf Green Beans Cornbread Mandarin Oranges Milk or Water	Mostaccioli & Meat Sauce Carrots Bread with Butter Pineapple Milk or Water



# Breakfast Items to choose from:

Cereal: Cheerios, Corn Chex, Frosted Mini-Wheats, Honey Bunches of Oats, Frosted Flakes, Rice Krispies

Other Options: Granola Bars, Apples, Cheese Sticks, Yogurt, Fruit Cups, Applesauce, Bananas

Drinks: Orange Juice, Milk, Water

## Snacks

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	AM: Mandarin Oranges PM: Twice Baked Bars	AM: Pita Chips & Cheese PM: Trail Mix (no nuts)	AM: Chips cooked in Avocado Oil with Dip PM: Cinnamon Oatbake	AM: Bananas & Yogurt with Honey PM: Pretzels & Cucumbers with Ranch	AM: Applesauce & Sunbutter PM: Cheddar Puffs
Week 2	AM: Applesauce & Cheese PM: Granola Bars (contains coconut)	AM: Hippeas Chickpea Puffs PM: Mixed Fruit & Yogurt with Honey	AM: Fruit Pouches & Cheese PM: Pretzels & Yogurt Covered Raisins	AM: Pepperoni & Cheese Crisps PM: Mandarin Oranges	AM: Mangoes & Cheese PM: Veggie Straws
Week 3	AM: Pretzels & Cucumbers with Ranch PM: Cheddar Puffs	AM: Mandarin Oranges PM: Blueberry Oatbake	AM: Strawberries & Yogurt with Honey PM: Pita Chips & Cheese	AM: Applesauce & Cheese PM: Granola Bars (contains coconut)	AM: Trail Mix (no nuts) PM: Apple Slices with Sunbutter
Week 4	AM: Pretzels & Yogurt Covered Raisins PM: Twice Baked Bars	AM: Watermelon & Cheese PM: Veggie Straws	AM: Pepperoni & Cheese Crisps PM: Mangoes & Cheese	AM: Mandarin Oranges PM: Hippeas Chickpea Puffs	AM: Salami & Cheese PM: Yogurt with Honey & Granola (contains coconut)
Week 5	AM: Pita Chips & Cheese PM: Granola Bars (contains coconut)	AM: Apple Slices with Sunbutter PM: Chips cooked in Avocado Oil with Dip	AM: Pretzels & Cucumbers with Ranch PM: Twice Baked Bars	AM: Dragon Fruit & Yogurt with Honey PM: Cheddar Puffs	AM: Chocolate Chip Oatbake PM: Cheese & Crackers
Week 6	AM: Veggie Straws PM: Yogurt with Honey & Granola (contains coconut)	AM: Cheese & Crackers PM: Pretzels & Yogurt Covered Raisins	AM: Watermelon & Cheese PM: Hippeas Chickpea Puffs	AM: Trail Mix (no nuts) PM: Mangoes & Cheese	AM: Mandarin Oranges PM: Pepperoni & Cheese Crisps