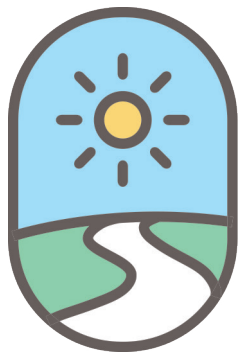


# Quentin Road Kid's Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	Grilled Cheese Sandwich Chicken Noodle Soup Peas Bananas Milk or Water	Meatloaf Green Beans Cornbread Pineapple Milk or Water	Baked Chicken Nuggets Carrots Whole Grain Buttered Rotini Strawberries Milk or Water	Beef Tacos Corn Rice Peaches Milk or Water	Ham & Cheese Sandwich Yogurt with Honey Cucumbers Mixed Fruit Milk or Water
<b>Week 2</b>	Baked Ham Green Beans Pita Bread Strawberries Milk or Water	Homemade Cheese Pizza Chicken Tenders Cucumbers Orange Slices Milk or Water	Meatballs Bread with Butter Carrots Bananas Milk or Water	Turkey & Cheese Sandwich Broccoli Chips cooked in Avocado Oil Mandarin Oranges Milk or Water	Beef Hot Dogs Peas Mandarin Oranges Applesauce Milk or Water
<b>Week 3</b>	Baked Chicken Nuggets Corn Rice Mixed Fruit Milk or Water	Grilled Cheese Sandwich Chicken Noodle Soup Carrots Pineapple Milk or Water	Waffles Chicken Bites Cucumbers Applesauce Milk or Water	Spaghetti & Meatballs Broccoli Bread with Butter Mixed Fruit Milk or Water	Chicken Tenders Macaroni & Cheese Peas Strawberries Milk or Water
<b>Week 4</b>	Whole Grain Pancakes Sausage Links Tator Tots — Baked Bananas Milk or Water	Pasta & Alfredo Sauce Grilled Chicken Broccoli Pears Milk or Water	Chicken Quesadillas Corn Rice Peaches Milk or Water	Breaded Chicken Sandwich Carrots Chips cooked in Avocado Oil Strawberries Milk or Water	Cheeseburger Green Beans Pickles Strawberries Milk or Water
<b>Week 5</b>	Beef Tacos Corn Rice Pears Milk or Water	Turkey & Cheese Sandwich Cream of Chicken Soup Cucumbers Applesauce Milk or Water	Grilled Chicken Green Beans Rotini with Cheese Pineapple Milk or Water	Cheeseburger Broccoli Pickles Orange Slices Milk or Water	Scrambled Eggs Tator Tots — Baked Granola Bar Bananas Milk or Water
<b>Week 6</b>	Waffles Chicken Bites Cucumbers Fruit Cup Milk or Water	Salami & Cheese Sandwich Chips cooked in Avocado Oil Peas Bananas Milk or Water	Baked Chicken Nuggets Broccoli Rice Mandarin Oranges Milk or Water	Beef Hot Dogs Carrots Strawberries Granola Bar Milk or Water	Mostaccioli & Meat Sauce Green Beans Bread with Butter Pineapple Milk or Water



# Breakfast Items to choose from:

Cereal: Cheerios, Corn Chex, Frosted Mini-Wheats, Honey Bunches of Oats, Frosted Flakes, Rice Krispies

Other Options: Granola Bars, Apples, Cheese Sticks, Yogurt, Fruit Cups, Applesauce, Bananas

Drinks: Orange Juice, Milk, Water

## Snacks

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	AM: Mandarin Oranges PM: Trail Mix (no nuts)	AM: Salami & Cheese PM: Twice Baked Bars	AM: Chips cooked in Avocado Oil with Dip PM: Turkey & Crackers	AM: Strawberries & Yogurt with Honey PM: Pretzels	AM: Pita Chips and Ham PM: Cheddar Puffs
Week 2	AM: Applesauce & Cheese PM: Granola Bars	AM: Mixed Fruit & Yogurt with Honey PM: Pepperoni & Cheese Crisps	AM: Fruit Pouches & Cheese PM: Pretzels	AM: Veggie Straws PM: Ham & Crackers	AM: Mangoes & Cheese PM: Trail Mix (no nuts)
Week 3	AM: Dragon Fruit & Yogurt with Honey PM: Cheddar Puffs	AM: Mandarin Oranges PM: Pita Chips and Turkey	AM: Granola Bars PM: Bananas & Yogurt with Honey	AM: Applesauce & Cheese PM: Pretzels	AM: Cheddar Puffs PM: Apple Slices with Sunbutter
Week 4	AM: Pretzels & Cucumbers w/ Ranch PM: Twice Baked Bars	AM: Applesauce & Cheese PM: Veggie Straws	AM: Pepperoni & Cheese Crisps PM: Mangoes & Cheese	AM: Mandarin Oranges PM: Turkey & Crackers	AM: Salami & Cheese PM: Yogurt with Granola (contains coconut) & Honey
Week 5	AM: Ham & Cheese PM: Chips cooked in Avocado Oil with Dip	AM: Pita Chips and Salami PM: Granola Bars	AM: Pretzels & Cucumbers w/ Ranch PM: Twice Baked Bars	AM: Apple Slices with Sunbutter PM: Cheddar Puffs	AM: Strawberries & Yogurt with Honey PM: Turkey & Crackers
Week 6	AM: Salami & Cheese PM: Veggie Straws	AM: Trail Mix (no nuts) PM: Yogurt with Granola (contains coconut) & Honey	AM: Apple Slices with Sunbutter PM: Ham & Crackers	AM: Pita Chips and Turkey PM: Mangoes & Cheese	AM: Mandarin Oranges PM: Pepperoni & Cheese Crisps